



CHEER ATHLETICS PLANO REC CLASS SCHEDULE
(Effective JUNE 1, 2017)

60 Minute Classes

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Tiger Tots		1:30 Allyson		4:00 Jade	
Youth Beginner 1 (4-7yo)		5:00 Allyson/Zach C	4:00 Cameron/Zach	6:00 Zach C/Avery	
Beginner 1	6:00 Avery/Lauren	7:00 Allyson/Tal	6:00 Lexi/Zach	7:00 Zach C/Avery	
Beginner 2	5:00 DJ/Logan 8:00 Lauren	5:00 Tal 6:00 Allyson/Tal 8:00 Logan	5:00 Zach C 6:00 Logan/Brayden	6:00 Kyle/Jade 8:00 Kyle	10:00 Zach C
Intermediate 1	7:00 Lauren	6:00 Logan	6:00 Caleb	5:00 Zach C/Avery	10:00 Ashleigh
Intermediate 2	6:00 DJ/Hunter 8:00 DJ	8:00 Tal	5:00 Logan 7:00 Caleb	7:00 Kyle	11:00 Ashleigh/DJ
Advanced 1	8:00 Hunter	7:00 Logan	8:00 Caleb/Dusty	7:00 Hunter/Caleb	10:00 DJ
Advanced 2	6:00 Logan 7:00 DJ	6:00 Zach	7:00 Dusty/Brayden	6:00 Hunter/Caleb	11:00 Zach C

PREREQUISITES (must have these skills *BEFORE* enrolling in the class)

Youth Beginner 1 and Beginner 1 - None

Beginner 2 - cartwheel, round off, back bend

Intermediate 1 - standing back handspring, round off back handspring

Intermediate 2 - standing back handspring series, round off back handspring series

Advanced 1 - standing back handspring series to tuck, round off back handspring tuck

Advanced 2 - standing back handspring series to layout, round off back handspring layout

Open Gym

Friday 7:00-9:00 pm

Instructors subject to change

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